

## St. Joseph the Worker Parish Confirmation Name/Saint

A part of the Confirmation process is choosing a saint and writing a report on that saint. ***The name of the saint you choose is the name that you will be confirmed under.*** As Catholics, we know the power of having Mary and the saints pray (or intercede) for us. Many saints are patrons of different things, meaning they are the special protector or supporter of certain areas. For example, St. Cecilia is the patron saint of musicians and St. Francis of Assisi is the patron saint of animals. Whatever saint you choose, they also become *your* patron saint. This means that they will be looking out for you in a special way for your entire life, until one day when you meet them in heaven!

**Your Saint report should include your name, the Saint you chose, what you know about the Saint and why you chose them.**

**Your report should include the following facts:**

- When your saint lived
- Where your saint lived
- Important events in his or her life
- Why your saint is considered holy – what about his/her life is holy?
- Your saint's feast day
- Why you chose this saint – what strikes you about him or her? What do you like?

**Your report should follow these guidelines:**

- At least* 300 words
- The report must be in your own words – no cutting and pasting from websites
- Typed, 12 pt, plain font
- Double-spaced
- Cover page with saint's name, picture if possible, and your name and date

So, choosing a saint and taking on their name is not just one more thing you 'have to do' to get Confirmed. It is a huge part of this important step in your life and a reflection of the beauty of the Catholic faith.

Please, take some time to find a saint you really have a connection with. If you have any trouble deciding on a saint, just ask and we will be happy to help.

***Internet resources on saints:***

<http://www.catholic-forum.com/saints/indexsnt.htm>

<http://www.catholic.org/saints>

<http://www.catholic-pages.com/saints/>

<http://www.Americancatholic.org/Features/Saints/byname.asp>

<http://www.newadvent.org/cathen/index.html>